

ACCOLADE



ORTHOPEDIC/MSK SOLUTIONS



DIABETES/OBESITY/ OTHER CHRONIC CONDITIONS



OVERALL WELLBEING



GENERAL HEALTH

Airrosti

Surgery Alternative

Hinge Health

Virtual Physical Therapy

SurgeryPlus

Surgical Concierge Program

2nd MD

Second Opinion Program

Virta

Diabetes Management

Hello Heart

High Blood Pressure and
Cardiovascular Condition

Virgin Pulse

Health Coaching

Weight Watchers

Weight Loss

Wondr Health

Weight Loss

SurgeryPlus

Bariatric Surgery

Resources for Living

Employee Assistance Program

Teladoc

Behavioral Health

Virgin Pulse

Wellness Platform

2nd MD

Second Opinion Program

Texas Health Resources

City Health Centers

Teladoc

General Medicine

SurgeryPlus

Surgical Concierge Program

2nd MD

Second Opinion Program

Meritain

Provider Network

VENDOR	SERVICE	WEBSITE	EMPLOYEE CONTACT #
Accolade	Client Advocacy - MAIN point of contact for employees regarding their benefit plans/questions	www.member.accolade.com	833-909-2353
Texas Health Resources	City of Fort Worth employee health centers – available to all CoFW health plan members (either Health Center Plan or Consumer Choice Plan)	www.fortworthemployeehealthcenter.com	800-574-0606
Resources for Living	Employee Assistance Program – available to all City employees and anyone in their household for 6 free counseling visits	www.resourcesforliving.com	866-611-2826
Teladoc	Virtual telemed solution for City employees. Services include both general medicine and behavioral health	www.Teladoc.com	800-835-2362
SurgeryPlus	Surgical Benefit that provides a high-performance network with the nation’s top surgeons – to be used for non-emergent procedures	www.cfw.surgeryplus.com	855-200-9508
Hinge Health	Digital solution for Physical Therapy and Musculoskeletal conditions to help avoid surgeries – all from the convenience of your home	www.hingehealth.com/for/fortworth1?	855-902-2777
Airrosti	Highly effective alternative to surgery for orthopedic pain and injuries – in office and virtual	www.airrosti.com	800-404-6050
Hello Heart	Smartphone solutions for patients to track, understand and improve chronic conditions such as high blood pressure and other cardiovascular conditions	https://join.helloheart.com/CFW3	800-767-3471
Virta	Treatment to safely reverse type 2 diabetes, prediabetes and obesity without the risks and costs of medications or surgery	www.virtahealth.com/cofw support@virtahealth.com	
2nd MD	Expert medical opinion for members to get a second opinion on a treatment plan or diagnosis	www.2nd.md/cfw	866-537-1324
Virgin Pulse	Web and app-based platform offered to members to create positive health, wellbeing and performance habits	www.join.virginpulse.com/cfw	888-671-9395
Weight Watchers	Weight loss program that involves and initial assessment and weekly sessions	https://www.weightwatchers.com/us/cfw	866-204-2885
Wondr Health	Weight loss program that has 3 phases: Foundations (Skill Building), NS4Y (Skill Reinforcement) and NS4LIFE (Skill Maintenance)	https://enroll.wondrhealth.com/start?s=CFW	