



CONTACTS

Basic and Supplemental Life & AD&D

Securian Financial
877-282-1752
www.lifebenefits.com

Benefits Billing

Empyrean (Billing Services)
833-874-1600
www.cobraandbillingservices.com

City of Fort Worth Employee Health Centers

Texas Health Physicians Group®
800-574-0606
www.fortworthemployeehealthcenter.com

457 Deferred Compensation

TIAA
888-583-0291
www.tiaa.org/fortworth

Dental

Delta Dental
DPPO, 800-521-2651
DHMO, 800-422-4234
www.deltadentalins.com

Diabetes Support

Virta Health
www.virtahealth.com/cofw
support@virtahealth.com

Discount Program/ Voluntary Benefits

BenePlace
800-683-2886
www.beneplace.com/cofw

FSA & HSA

WageWorks/HealthEquity
877-924-3967
www.wageworks.com/employees

Human Resources

Benefits Office
817-392-7782
Wellness Office
817-392-8556
www.fortworthtexas.gov/benefits
benefits@fortworthtexas.gov

Heart Health Service

Hello Heart
800-767-3471
www.helloheart.com

Musculoskeletal Care

Airrosti
800-404-6050
www.airrosti.com

Online Enrollment Portal

Empyrean
www.cfwbenefits.com

Pension

Fort Worth Retirement Office
817-632-8900
www.fwretirement.org

Personalized Health & Benefits Support

Accolade
833-909-2353
member.accolade.com

Prescriptions

Optum RX
800-807-5996
www.optumrx.com

Second Opinion Service

2nd MD
866-537-1324
www.2nd.MD/cfw

Surgery Options

SurgeryPlus
855-200-9508
cfw.surgeryplus.com

Medical Plans

Meritain Health®, An Aetna Company
833-909-2353
www.meritain.com

Aetna Medicare Advantage Plan

Aetna Company
833-267-2637
www.aetnavigators.com

Virtual Visits

Teladoc
800-835-2362
www.teladoc.com

Virtual Physical Therapy

Hinge Health
855-902-2777
www.hingehealth.com

Vision

EyeMed
866-804-0982
www.eyemed.com

Wellness Vendor

Virgin Pulse
888-671-9395
www.join.virginpulse.com/cfw

New Short-Term Disability Coverage Offered

NO CHANGES to Employee Premiums in 2022

SAME Insurance Provider



SAME Health & Benefits Support Team

