

SERVICE PROVIDERS

City of Fort Worth Health Vendors



Accolade is a personalized advocacy company that provides city employees health and benefits help when navigating the healthcare system.
833-909-2353 | Visit the Accolade website at <https://member.accolade.com>



Airrosti is a healthcare group whose providers specialize in high-quality outcome-based musculoskeletal care.
Learn more at www.fortworthtexas.gov/benefits/physical-rehabilitation/
Visit the Airrosti website at www.airrosti.com/location/texas/fort/ or call 800-404-6050



Delta Dental provides three dental coverage options.
Learn more at www.deltadentalins.com
DPP0 800-521-2651 | DHMO 800-422-4234



EyeMed provides one vision coverage option.
Learn more about Vision coverage at <https://eyemed.com/en-us>



HealthEquity manages the City of Fort Worth's Flexible Spending Accounts (Health Center Plan only) and Health Savings Accounts (Consumer Choice Plan).
Learn more about Health Savings Accounts
Learn more about Flexible Spending Accounts
Visit the HealthEquity website at www.healthequity.com or call 877-924-3917



Meritain Health, an Aetna Company, is the medical insurance provider for the City of Fort Worth, offering a full spectrum of health benefits programs to city employees.
For more information go to <https://www.meritain.com/> or call 1-888-324-5789



OptumRx is the City of Fort Worth's pharmacy benefit manager (PBM).
Learn more at www.fortworthtexas.gov/benefits/prescriptions/
Visit the OPTUMRx pharmacy portal at www.optumrx.com
Call 1-800-788-4863



Southwestern Health Resources is a partnership between Texas Health Resources and UT Southwestern Medical Center. Southwestern Health Resources manages and oversees all City of Fort Worth Employee Health Centers and satellite locations.
Learn more at www.fortworthtexas.gov/benefits/health-centers/
800-574-0606



SurgeryPlus is a supplemental benefit that is automatically available to City of Fort Worth employees in addition to the regular medical plan. They offer top board-certified surgeons for hundreds of non-emergency surgeries to ease the stress, logistics, and financial strain associated with such procedures.
Learn more at www.fortworthtexas.gov/benefits/surgery/
Visit the SurgeryPlus website at cfw.surgeryplus.com
Call 855-200-9508



TIAA oversees the city's 457 Deferred Compensation Plan and offers regular financial workshops to city employees.
Learn more at www.fortworthtexas.gov/benefits/retirement-plans/

Visit the TIAA website at www.tiaa.org/cfw
Call 888-583-0291



Virgin Pulse is a leading health management services provider that helps manage the Healthy Challenge premium incentives and provides access to health and wellness resources like health coaches, exercise specialists, and registered dietitians.
Learn more at iam.virginpulse.com



virta Comprehensive nutritional therapy that helps reverse diabetes with continuous remote medical care, plus individualized nutrition therapy and includes medication de-prescription.
Learn more at www.virtahealth.com/cfw

OPEN ENROLLMENT CHECKLIST

fortworthtexas.gov/openenrollment

REVIEW THIS MAILER.
Learn about changes to your benefits for 2021. Review Your Open Enrollment Guide and online information.
Make informed decisions by learning about your benefits 24/7 at:
<http://fortworthtexas.gov/openenrollment>.

Call 817-392-7782

GET ANSWERS TO YOUR QUESTIONS.
Call 817-392-7782 or email benefits@fortworthtexas.gov with questions about benefit plans or enrollment.

www.cfwbenefits.com

ONLINE ENROLLMENT - NEW! BENEFITS WEBSITE
We encourage all employees to review their benefits online through www.cfwbenefits.com. Go online, create an account and Get Covered!
If you need additional assistance selecting a plan contact Accolade, 833-909-2352 or email them at member.support@accolade.com.

SUBMIT DOCUMENTATION FOR ADDED DEPENDENTS ONLINE!

If adding a new dependent for 2021, you can go online www.cfwbenefits.com, the city's new benefits website, to upload your proof documentation. You must upload your proof documents (like a child's birth certificate, marriage license, etc.) online in .pdf or .jpeg format by November 6th. Scanners will be available in the HR Benefits Office if needed, or you can take a photo with your smartphone, email that photo to yourself, then save that photo to your computer and upload it online.

OPEN ENROLLMENT MEETINGS

This year most Open Enrollment meetings will be held virtually. See the Open Enrollment meetings schedule listed on the Open Enrollment page, www.fortworthtexas.gov/openenrollment or check with your Human Resources Coordinator (HRC) for details of when your departments Open Enrollment meeting will be held (if applicable). NOT all departments will have a departmental Open Enrollment meeting this year. Keep a lookout in the Roundup for more information.

LEGAL STATEMENTS

Government-required notices, including 2021 Summaries of Benefits and Coverage for all plans, are found here:
<http://fortworthtexas.gov/benefits/forms/>

Life Insurance and Long-term disability premiums are based on your age and your salary as of September 1, 2020. Your 2021 premium may change due to an increase in your age or a pay increase. You will be able to see this adjusted premium in the online enrollment system.

Get the facts at
FortWorthTexas.gov/OpenEnrollment

and be sure to attend your department Open Enrollment meeting to learn everything you need to know about the 2021 health plan changes.



CITY OF FORT WORTH HUMAN RESOURCES
BENEFITS DIVISION
200 TEXAS STREET, FORT WORTH, TX 76102
HR BENEFITS TEAM CAN BE CONTACTED AT
817-392-7782, FAX # 817-392-2624
or EMAIL benefits@fortworthtexas.gov

2021



This year the city has a new and improved online benefits platform! Go to www.cfwbenefits.com, create a log in and, GET COVERED.

NEW! Health Insurance with **Meritain Health, an Aetna Company**
NEW! Personalized Health and Benefits Support Team with Accolade

Open Enrollment begins
OCT. 19th - NOV. 6th

Go online to www.FortWorthTexas.gov/OpenEnrollment to get more detailed information.



EMPLOYEE HEALTHCARE PLAN OPTIONS FOR 2021



New Insurance Provider
MERTAIN[™] HEALTH
An Aetna Company

New personalized health and benefits support
Accolade

Enhanced Surgical Benefit from
SurgeryPlus

virta

No Changes to Employee Premiums in 2021

The City of Fort Worth offers eligible employees two medical plans: The Health Center Plan and the Consumer Choice Plan.

ACTIVE EMPLOYEES (PER PAYCHECK)

	Employee Only	Employee + Spouse	Employee + Children	Employee + Family
Health Center Plan	\$48.18	\$238.37	\$177.85	\$333.47
Consumer Choice Plan	\$0.00	\$161.66	\$115.77	\$242.50

Things to Remember for Both Plans:

- All preventive care, including mammograms and routine colonoscopies, are free to members on both the Health Center Plan and the Consumer Choice Plan.
- The deductible and co-insurance is waived for surgical procedures with SurgeryPlus on the Health Center plan. Co-insurance is waived for surgical procedures with SurgeryPlus on the Consumer Choice plan.
- Accolade is now available to answer your Open Enrollment questions and, in 2021, can answer all your healthcare questions.

CITY OF FORT WORTH EMPLOYEE HEALTH CENTERS

EMPLOYEE HEALTH CENTERS

The City of Fort Worth provides an exceptional addition to healthcare benefits for employees, retirees, and their dependents through the Health Centers. This program offers convenient access to primary care, including three dedicated healthcare centers and five satellite sites, where quality and exceptional patient care is a top priority.

Each Health Center is staffed by top-notch Texas Health Resources physicians and other medical experts who can handle any primary care patient needs. They can also refer patients to in-network specialists for specific medical care if needed. Additionally, there are care coordinators and patient navigators to help with any referrals to specialists that patients may need.

Southwestern Health Resources is fully committed to delivering a high level of service for every member on the city's health plan, including:

- Prompt appointments** - Same-day or next-day appointments are available at City of Fort Worth Employee Health Center locations, plus referrals to see specialists when needed.
- Short wait times for office visits** - For more routine needs, appointments will take 30 minutes or less. If lab work is needed, or care that goes beyond the basics, it could take longer. The highly-trained staff will work with patients to make sure they're in and out as quickly as possible.
- Online access to resources** - Patients can access a private member portal through FortWorthEmployeeHealthCenter.com that can communicate with physicians, request prescription refills, see medical test results, review medical history, and more.

BOOK AN APPOINTMENT.



To schedule an appointment at ANY of the City of Fort Worth Employee Health Centers employees call 1-800-574-0606.

If you need assistance with choosing the right plan or provider, Accolade is here to help you every step of the way. Contact them by calling 833-909-2353.

Health Center locations

Lake Worth Center

6048 Lake Worth Blvd. Fort Worth, TX 76135

Moncrief Center (Downtown)

UT Southwestern Moncrief Medical Center at Fort Worth
600 South Main, Suite 3.600, Fort Worth, TX 76104

Hugely Center (Burleson)

12001 South Freeway Building #5, Suite 208 Burleson, TX 76028

5 satellite locations

Family Medical Center Southwest

7001 Granbury Rd. Fort Worth, TX 76133

Hoffman Family Practice

2730 SW Wilshire Blvd. Burleson, TX 76028

Cornerstone Family and Sports Medicine

100 Boulard Road, Suite 170, Keller, TX 76248

Texas Health Family Care - Weatherford/Willow Park

101 Crown Point Blvd., Suite 200, Willow Park, TX 76087

NEW LOCATION: Texas Health Family Care - Bedford

3024 State Highway 121 Bedford, TX 76021

Our Health Centers are equipped with a Diabetes Educator to answer any of your concerns about managing your diabetes.

HEALTHCARE PLAN COMPARISON CHART

Plan Features	Health Center Plan	Consumer Choice Plan
Annual Deductible		
Individual	\$1,500	\$2,800
Family	\$3,000	\$5,600
Total Out-of-Pocket Max - including deductibles, copays, coinsurance, prescription deductible and prescription copays		
Individual	\$6,000	\$6,550
Family	\$12,000	\$13,000
Physician Office Visit		
PCP (At Employee Health Center)	\$0 copay	\$60 per visit
OBGYN/Peds	\$60 copay	20% after deductible
Specialist	\$75 copay	20% after deductible
PCP	\$60 copay	20% after deductible

EMPLOYEE HEALTH CENTER PHARMACY PLAN (*\$100 RX Deductible)

	Retail	Mail Order/Select 90
Generic	20% coinsurance, \$10 min/\$20 max	20% coinsurance, \$25 min/\$50 max
Brand Formulary	20% coinsurance, \$30 min/\$50 max	20% coinsurance, \$75 min/\$125 max
Brand Nonformulary	20% coinsurance, \$50 min/\$70 max	20% coinsurance, \$125 min/\$175 max
Specialty	20% coinsurance, \$200 max	20% coinsurance, \$200 max

No change to Consumer Choice Pharmacy Plan | Maintenance medications can still be obtained through mail order or Walgreens

PLAN DESCRIPTIONS

Health Center Plan

The Health Center Plan offers health centers in the Fort Worth area that are FREE and exclusively available to city employees, retirees, and dependents. The centers still provide unlimited primary care services for employees during regular business hours, including extended business hours in some locations. Five satellite offices provide care but are not exclusive to the city. Employees can still expect to receive an appointment on the same or next business day for sick visits.

The Health Center Plan also allows employees to see any primary care physician or specialist they choose in the Meritain/Aetna POS II network.

An extensive network of Specialists with great service rates are available under the Meritain/Aetna POS II network.

Consumer Choice Plan

The Consumer Choice Plan is designed for employees who like the financial benefit of a Health Savings Account (HSA) and lower monthly premiums.

As with most high-deductible plans, all health care services are billed to the employee at 100% until the deductible is reached. Then, in most cases for in-network providers, the plan pays 80% while the employee covers 20% until the out of pocket maximum is reached.

Those on the Consumer Choice Plan can still access primary care services at the City of Fort Worth Health Centers at a reduced cost of \$60 per visit.



PHARMACY PLAN AND FREE MEDICATIONS

The pharmacy plan administered by OptumRX has no changes for the 2021 plan year. Maintenance medications are available through the 90-day mail order program or at Walgreens.

There are also over 40 generic medications available for FREE that are offered through the Health Centers.

Additionally, the city has a new diabetes management program, Virta, offered at no cost to employees.

Learn more at www.virtahealth.com/cofw



HEALTH SAVINGS ACCOUNTS (HSAs)

Vendor change from Wageworks To Healthequity



As part of the Consumer Choice Plan, the city pays \$540 into individual HSAs each year and \$1,000 into family HSAs. Employees can voluntarily save even more by making additional contributions to their HSA.

URGENT CARE	NONEMERGENCY USE OF EMERGENCY ROOMS WILL BE	VIRTUAL VISITS
<p>Health Center Plan = \$75</p> <p>Consumer Choice Plan = 20% after deductible</p>	<p>Health Center Plan = \$300, then 50% after deductible</p> <p>Consumer Choice Plan = 50% after deductible</p>	<p>Are free on the Health Center Plan and \$47 on the Consumer Choice Plan</p>