

SERVICE PROVIDERS

CITY OF FORT WORTH HEALTH VENDORS



Airrosti is a healthcare group whose providers specialize in high-quality outcome-based musculoskeletal care.

Learn more at www.fortworthtexas.gov/benefits/physical-rehabilitation/

Visit the Airrosti website at www.airrosti.com/location/texas/fort/
800-404-6050



Compass Professional Health Services is a healthcare technology and consulting company that provides city employees with concierge services to help navigate the complicated and costly healthcare landscape.

Learn more at www.fortworthtexas.gov/benefits/healthcare-concierge/

Visit the Compass website at www.compassphs.com/
855-769-4377



Delta Dental provides three dental coverage options. Learn more at www.fortworthtexas.gov/benefits/dental/
DPPO 800-521-2651 | DHMO 800-422-4234



New vision plan option offered through **EyeMed**



OptumRx is the City of Fort Worth's pharmacy benefit manager (PBM).

Learn more at www.fortworthtexas.gov/benefits/prescriptions/

Visit the OPTUMRx pharmacy portal at www.optumrx.com
1-800-788-4863



Southwestern Health Resources is a partnership between Texas Health Resources and UT Southwestern Medical Center. Southwestern Health Resources manages and oversees all City of Fort Worth Employee Health Centers and satellite locations. Learn more at www.fortworthtexas.gov/benefits/health-centers/
800-574-0606



SurgeryPlus is a supplemental benefit that is automatically available to City of Fort Worth employees in addition to the regular medical plan. They offer top board certified surgeons for hundreds of non-emergency surgeries to help ease the stress, logistics and financial strain associated with such a procedure. Learn more at www.fortworthtexas.gov/benefits/surgery/

Visit the SurgeryPlus website at www.mysurgeryplus.com/cfw
855-200-9508



TIAA oversees the city's 457 Deferred Compensation Plan, and offers regular financial workshops to city employees.

Learn more at www.fortworthtexas.gov/benefits/retirement-plans/

Visit the TIAA website at www.tiaa.org/public/tcm/fortworth/home
888-583-0291



United Healthcare is the medical insurance provider for the City of Fort Worth, offering a full spectrum of health benefits programs to city employees.

Visit the MyUHC website at myuhc.com to learn more.
844-634-1231



WageWorks manages the City of Fort Worth's Flexible Spending Accounts FSAs(Health Center Plan only) and Health Savings Accounts HSAs(Consumer Choice Plan)

Learn more about HSAs at <http://fortworthtexas.gov/benefits/hsa/>
Learn more about FSAs at <http://fortworthtexas.gov/benefits/fsa/>



Virgin Pulse is a leading health management services provider that helps manage the Healthy Challenge premium incentives, as well as provides access to health and wellness resources like health coaches, exercise specialists and registered dietitians. Learn more at <http://fortworthtexas.gov/wellness/>

OPEN ENROLLMENT CHECKLIST

REVIEW THIS MAILER.

Learn about changes to your benefits for 2020. Review Your Open Enrollment Guide and Online Information. Make informed decisions by learning about your benefits 24/7 at: <http://fortworthtexas.gov/openenrollment>.

GET ANSWERS TO YOUR QUESTIONS.

Call 817-392-7782 with questions about benefit plans or enrollment.

ONLINE ENROLLMENT.

We encourage all employees to review their benefits online through www.my.fortworthtexas.gov.

SUBMIT DOCUMENTATION FOR ADDED DEPENDENTS ONLINE!

If adding a new dependent for 2020, you can go online to the PeopleSoft self-service portal and upload your proof documentation. You must upload your proof documents (like a child's birth certificate, marriage license, etc.) online in .pdf or .jpeg format by October 31st, 2019. Scanners will be available in the HR Benefits Office if needed or you can take a photo with your smartphone, email that photo to yourself, then save that photo to your computer and upload it online. Go online to www.my.fortworthtexas.gov, log in and on the open enrollment page go to "Add a Dependent".

ATTEND AN OPEN ENROLLMENT MEETING FOR MORE INFORMATION.

See the Open Enrollment meetings schedule listed on the Open Enrollment page, www.fortworthtexas.gov/openenrollment, or check with your Human Resources Coordinator (HRC) for details of when your department Open Enrollment meeting will be held (if applicable). NOT all departments will have a departmental Open Enrollment meeting this year. Keep a look out in the Roundup for more information.

INCREASING YOUR LIFE INSURANCE?

If you are currently enrolled in Life Insurance, you can increase your coverage by one level or decrease coverage without Evidence of Insurability (EOI). If you (or your dependents) are not currently enrolled or if you would like to increase by more than one level, you need to submit an EOI form to the Benefits Office and be approved for coverage. The EOI form can be found online through Open Enrollment ESS.

CURRENTLY WAIVE MEDICAL COVERAGE?

Login to my.fortworthtexas.gov to confirm that you have been offered the opportunity to enroll in affordable and adequate health coverage through the City of Fort Worth's group health plan.

OPEN ENROLLMENT MEETINGS

This year Open Enrollment meetings will be held by department. Check the Open Enrollment site at www.fortworthtexas.gov/openenrollment and the Roundup for meetings dates and times. You can also contact your Human Resources Coordinator (HRC) for meeting information.

LEGAL STATEMENTS

Government-required notices, including 2019 Summaries of Benefits and Coverage for all plans, are found here: <http://fortworthtexas.gov/benefits/forms/>

Life Insurance and Long-term disability premiums are based on your age and your salary as of October 1, 2019. Your 2019 premium may change due to an increase in your age or a pay increase. You will be able to see this adjusted premium in the online enrollment system.

Get the facts at

FortWorthTexas.gov/OpenEnrollment

and be sure to attend your department Open Enrollment meeting to learn everything you need to know about the 2020 health plan changes.



CITY OF FORT WORTH HUMAN RESOURCES
BENEFITS DIVISION
200 TEXAS STREET, FORT WORTH, TX 76102
HR BENEFITS TEAM CAN BE CONTACTED AT
817-392-7782, FAX # 817-392-2624

GET COVERED, STAY COVERED.

Log on to Self-Service PeopleSoft and GET COVERED.

OPEN
ENROLLMENT
BENEFITS

OCT. 14TH
THRU
OCT. 31ST



Open Enrollment is from **October 14th to October 31st, 2019**.
Go online to www.FortWorthTexas.gov/OpenEnrollment to
get more detailed information and enroll online.

EMPLOYEE HEALTHCARE PLAN OPTIONS FOR 2020



- New Vision Plan Offered in 2020
- New HSA/FSA Administrator – WageWorks
- No Changes to Medical Premiums in 2020
- Lower Emergency Room Deductible from \$500 to \$300

The City of Fort Worth offers eligible employees two medical plans: The Health Center Plan and the Consumer Choice Plan.

ACTIVE EMPLOYEES (PER PAYCHECK)

	Employee Only	Employee + Spouse	Employee + Children	Employee + Family
Health Center Plan	\$48.18	\$238.37	\$177.85	\$333.47
Consumer Choice Plan	\$0.00	\$161.66	\$115.77	\$242.50

THINGS TO REMEMBER FOR BOTH PLANS:

- All preventive care, including mammograms and routine colonoscopies, are free to members on both the Health Center Plan and the Consumer Choice Plan.
- Consumer Choice Plan members will be able to use the Employee Health Centers at a discounted rate of \$60.
- Mental health services will still be available in 2020 and will be treated like medical services regarding the billing process under both plan options.

HEALTH CENTER PLAN

The Health Center Plan offers health centers in the Fort Worth area that are **FREE and exclusively available to city employees, retirees and their dependents**. The centers will still provide unlimited primary care services for employees during normal business hours, and which may include extended business hours in some locations. There are also four satellite offices that provide care, but are not exclusive to the city. Employees can still expect to receive an appointment on the same or next business day for sick visits.

The Health Center Plan also allows employee to see any primary care physician or specialist they choose in the United Healthcare CHOICE NETWORK.

Specialists will be available at various costs, depending upon their participation in the United Healthcare – Choice Network and whether or not they are a premium or a non-premium provider.

CONSUMER CHOICE PLAN

The Consumer Choice Plan is designed for employees who like the financial benefit of a Health Savings Account (HSA) and lower monthly premiums.

As with most high-deductible plans, all health-care services are billed to the employee at 100% until the deductible is reached. Then, in most cases for in-network providers, the plan pays 80% while the employee covers 20% until the out-of-pocket maximum is reached. Those on the Consumer Choice Plan can still access primary care services at the City of Fort Worth Health Centers at a reduced cost of \$60 per visit.



HEALTH SAVINGS ACCOUNTS (HSA)

As part of the Consumer Choice Plan, the city pays \$540 into individual HSAs each year and \$1,000 into family HSAs. Employees can voluntarily save even more by making additional contributions to their HSA.



Only three dental plans offered in 2020:

- DPPO High
- DPPO Low
- DHMO High.



CITY OF FORT WORTH EMPLOYEE HEALTH CENTERS

EMPLOYEE HEALTH CENTERS

The City of Fort Worth provides an exceptional addition to healthcare benefits for employees, retirees, and their dependents through the Health Centers. This program offers convenient access to primary care, including three dedicated healthcare centers and four satellite sites, where quality and exceptional patient care is a top priority.

Each Employee Health Center is staffed by top-notch Texas Health Resources physicians and other medical experts who can handle any kind of primary care patient needs and who can also refer patients to in-network premium designated specialists for specific medical care if needed. Additionally, there are care coordinators and patient navigators to help with any referrals to specialists that patients may need.

Southwestern Health Resources is fully committed to delivering a high level of service for each and every member on the city's health plan, including:

- **Prompt appointments** - Same-day or next-day appointments are available at City of Fort Worth Employee Health Centers, plus referrals to see specialists when needed.
- **Short wait times for office visits** - For more routine needs, appointments will take 30 minutes or less. If labwork is needed, or care that goes beyond the basics, it could take longer. The highly trained staff will work with patients to make sure they're in and out as quickly as possible.
- **Online access to resources** - Patients can access a private member portal through FortWorthEmployeeHealthCenter.com that can be used to communicate with physicians, request prescription refills, see results of medical tests, review medical history and more.

PHARMACY PLAN AND FREE MEDICATIONS

The pharmacy plan administered by OptumRx has no changes for the 2020 plan year. Maintenance medications are available through the 90-day mail order program or at Walgreens.

There are also over 40 generic medications available for FREE that are offered through the Health Centers.

Additionally the diabetes management program is offered at no cost to employees, which includes six (6) months of diabetes testing supplies readily available at the Employee Health Centers with a diabetes checkup appointment. Employees can also receive diabetes maintenance equipment and testing supplies at no cost through the OptumRx mail-order program or through Walgreens.

BOOK AN APPOINTMENT.

To schedule an appointment at ANY of the City of Fort Worth Employee Health Centers retirees call 1-800-574-0606.

Health Center locations

Lake Worth Center

6048 Lake Worth Blvd. Fort Worth, TX 76135

Moncrief Center (Downtown)

UT Southwestern Moncrief Medical Center at Fort Worth
600 South Main, Suite 3.600, Fort Worth, TX 76104

Hugely Center (Burleson)

12001 South Freeway Building #5, Suite 208 Burleson, TX 76028

Satellite locations

Family Medical Center Southwest

7001 Granbury Rd. Fort Worth, TX 76133

Hoffman Family Practice

2730 SW Wilshire Blvd. Burleson, TX 76028

Cornerstone Family and Sports Medicine

100 Bouland Road, Suite 170, Keller, TX 76248

Texas Health Family Care - Weatherford/Willow Park

101 Crown Point Blvd., Suite 200, Willow Park, TX 76087

HEALTHCARE PLAN COMPARISON CHART

Plan Features	Health Center Plan	Consumer Choice Plan
Annual Deductible		
Individual	\$1,500	\$2,800
Family	\$3,000	\$5,600
Total Out-of-Pocket Max – including deductibles, copays, coinsurance, prescription deductible and prescription copays		
Individual	\$6,000	\$6,550
Family	\$12,000	\$13,000
Physician Office Visit		
PCP (At Employee Health Center)	\$0 copay	\$60 per visit
OBGYN/Peds (Premium Provider)	\$60 copay	20% after deductible
Specialist (Premium Provider)	\$75 copay	20% after deductible
PCP (Premium Provider)	\$60 copay	20% after deductible
PCP (Not Premium Provider)	\$60 copay, then 20% after deductible	20% after deductible
OBGYN/Peds (Not Premium Provider)	\$60 copay, then 20% after deductible	20% after deductible
Specialist (Not Premium Provider)	\$100 copay, then 20% after deductible	20% after deductible
Emergency Room visits – for true emergencies only	\$300 copay	20% after deductible

EMPLOYEE HEALTH CENTER PHARMACY PLAN

	Retail	Mail Order/Select 90
Generic	20% coinsurance, \$10 min/\$20 max	20% coinsurance, \$25 min/\$50 max
Brand Formulary	20% coinsurance, \$30 min/\$50 max	20% coinsurance, \$75 min/\$125 max
Brand Nonformulary	20% coinsurance, \$50 min/\$70 max	20% coinsurance, \$125 min/\$175 max
Speciality	20% coinsurance, \$200 max	20% coinsurance, \$200 max

No change to Consumer Choice Pharmacy Plan | Maintenance medications can still be obtained through mail order or Walgreens.

Choosing a Premium Provider means a lower copay and out-of-pocket costs.

Urgent Care:
Health Center Plan = \$75
Consumer Choice Plan = 20% after deductible

Nonemergency use of emergency rooms will be:
Health Center Plan = \$300, then 50% after deductible
Consumer Choice Plan = 50% after deductible

Virtual Visits are free on the Health Center Plan and low cost on the Consumer Choice Plan.