

SERVICE PROVIDERS

CITY OF FORT WORTH HEALTH VENDORS



Airrosti is a healthcare group whose providers specialize in high-quality outcome-based musculoskeletal care.

Learn more at www.fortworthtexas.gov/benefits/physical-rehabilitation/

Visit the Airrosti website at www.airrosti.com/location/texas/fort/
800-404-6050



Compass Professional Health Services is a healthcare technology and consulting company that provides city employees with concierge services to help navigate the complicated and costly healthcare landscape.

Learn more at www.fortworthtexas.gov/benefits/healthcare-concierge/

Visit the Compass website at www.compassphs.com/
855-769-4377



Delta Dental provides three dental coverage options. Learn more at www.fortworthtexas.gov/benefits/dental/
DPPO 800-521-2651 | DHMO 800-422-4234



New vision plan option offered through **EyeMed**



OptumRx is the City of Fort Worth's pharmacy benefit manager (PBM). Learn more at www.fortworthtexas.gov/benefits/prescriptions/
Visit the OPTUMRx pharmacy portal at www.optumrx.com
1-800-788-4863



Southwestern Health Resources is a partnership between Texas Health Resources and UT Southwestern Medical Center. Southwestern Health Resources manages and oversees all City of Fort Worth Employee Health Centers and satellite locations. Learn more at www.fortworthtexas.gov/benefits/health-centers/
800-574-0606



SurgeryPlus is a supplemental benefit that is automatically available to City of Fort Worth employees in addition to the regular medical plan. They offer top board certified surgeons for hundreds of non-emergency surgeries to help ease the stress, logistics and financial strain associated with such a procedures. Learn more at www.fortworthtexas.gov/benefits/surgery/

Visit the SurgeryPlus website at www.mysurgeryplus.com/cfw
855-200-9508



TIAA oversees the city's 457 Deferred Compensation Plan, and offers regular financial workshops to city employees.

Learn more at www.fortworthtexas.gov/benefits/retirement-plans/

Visit the TIAA website at www.tiaa.org/public/tcm/fortworth/home
888-583-0291



United Healthcare is the medical insurance provider for the City of Fort Worth, offering a full spectrum of health benefits programs to city employees.

Visit the MyUHC website at myuhc.com to learn more.
844-634-1231



WageWorks manages the City of Fort Worth's Flexible Spending Accounts or FSAs(Health Center Plan only) and Health Savings Accounts or HSAs(Consumer Choice Plan) Learn more about HSAs at <http://fortworthtexas.gov/benefits/fsa/>
Learn more about FSAs at <http://fortworthtexas.gov/benefits/hsa/>



Virgin Pulse is a leading health management services provider that helps manage the Healthy Challenge premium incentives, as well as provides access to health and wellness resources like health coaches, exercise specialists and registered dietitians. Learn more at <http://fortworthtexas.gov/wellness/>



OPEN ENROLLMENT CHECKLIST

REVIEW THIS MAILER

Learn about changes to your benefits for 2020. Review Your Open Enrollment Guide and Online Information. Make informed decisions by learning about your benefits 24/7 at <http://fortworthtexas.gov/openenrollment/>

GET ANSWERS TO YOUR QUESTIONS

Call **817-392-7782** with questions about benefit plans or enrollment.

DON'T WANT TO GO ONLINE TO ENROLL?

You can mail your documents on or before the OCTOBER 31 deadline.

Please send your enrollment form via mail or fax to the **HR Benefits Office at 817-392-2624.**

OPEN ENROLLMENT MEETINGS

Check the Open Enrollment site at www.fortworthtexas.gov/openenrollment for the most updated meeting dates and times. You may also contact Human Resources Benefits Office for assistance.

Meeting Dates	Groups	Meeting Time	Meeting Location
October 9, 2019	Non-Medicare Retirees	2:00pm – 3:00pm	Botanic Gardens Lecture Hall 3220 Botanic Gardens Blvd.
October 14, 2019	Medicare Retirees	9:30am – 10:30am	
October 14, 2019	Non-Medicare Retirees	1:30pm – 2:30pm	
October 15, 2019	Medicare Retirees	10:00am – 11:00pm	

Get the facts at

FortWorthTexas.gov/OpenEnrollment



CITY OF FORT WORTH HUMAN RESOURCES
BENEFITS DIVISION
200 TEXAS STREET, FORT WORTH, TX 76102
HR BENEFITS TEAM CAN BE CONTACTED AT
817-392-7782, FAX # 817-392-2624

GET COVERED, STAY COVERED.

Open Enrollment is available ONLINE for every City of Fort Worth retiree.

OPEN
ENROLLMENT
BENEFITS

OCT. 14TH
THRU
OCT. 31ST



Open Enrollment is from **October 14th to October 31st, 2019.** Go online to www.FortWorthTexas.gov/OpenEnrollment to get more detailed information and enroll online.

RETIREE HEALTHCARE PLAN OPTIONS FOR 2020



New Vision Plan Offered in 2020

New HSA/FSA Administrator – WageWorks
No Changes to Medical Premiums in 2020
Lower Emergency Room Deductible from \$500 to \$300



Only three dental plans offered in 2020:

- DPPO High
- DPPO Low
- DHMO High.

2020 RATES FOR NON-MEDICARE RETIREES with 25 years of service or who were hired prior to 1988.

For all other years of service, please see enclosed rate sheet.

	Retiree only	Retiree + Spouse	Retiree + Child(ren)	Retiree + Family
Health Center Plan	\$50.00	\$668.13	\$382.92	\$977.20
Consumer Choice Plan	\$0.00	\$525.41	\$280.22	\$788.12

The City of Fort Worth offers eligible employees two medical plans:

- **Health Center Plan**
- **Consumer Choice Plan.**

THINGS TO REMEMBER FOR BOTH PLANS:

- All preventive care, including mammograms and routine colonoscopies, are free to members on both the Health Center Plan and the Consumer Choice Plan.
- Consumer Choice Plan members will be able to use the employee health centers at a discounted rate of \$60.

HEALTH CENTER PLAN

The Health Center Plan will offer health centers in the Fort Worth area that are exclusively available to city employees, retirees and their dependents. These centers will provide unlimited primary-care services for employees during normal business hours, and may include extended business hours in some locations. There are also six satellite offices that

provide care, but they are not exclusive to the city. Retirees can expect to receive an appointment on the same or next business day for sick visits.

The Health Center Plan also allows retirees to see any primary-care physician or specialist they choose in the United Healthcare CHOICE NETWORK.

Specialists will be available at various costs, depending upon their participation in the United Healthcare – Choice Network and whether or not they are a premium or a nonpremium provider.



Continuing policy for working retirees and working retiree spouses

The new working retiree policy states that if a retiree is eligible for benefits with their current employer, they must leave the city's plan and elect for coverage for themselves and their spouse with their current employer.

However, should the retiree or retiree spouse lose coverage or leave that job, **they can return to the city's plan within a 30-day time period.**

**policy was implemented as of January 1, 2018*

CONSUMER CHOICE PLAN

The Consumer Choice Plan is designed for retirees who like the financial benefit of a Health Savings Account (HSA) and lower monthly premiums.

As with most high-deductible plans, all health-care services are billed to the employee at 100% until the deductible is reached. Then, in most cases for in-network providers, the plan

pays 80% while the employee covers 20% until the out-of-pocket maximum is reached.

Those on the Consumer Choice Plan can still access primary-care services at the City of Fort Worth Health Centers at a reduced cost of \$60 per visit.

Health Savings Accounts (HSAs)

As part of the Consumer Choice Plan, the city pays \$540 into individual HSAs each year and \$1,000 into family HSAs. For plan year 2020 the City of Fort Worth has chosen a new HSA/FSA administrator in WageWorks.

Plan members will need to check the box to approve the HSA money transfer from Discovery Benefits to WageWorks to take advantage of new offerings and avoid an administration fee.

Retirees can voluntarily save even more by making additional contributions to their HSA.

Vendor change from discovery benefits to wageworks.



CITY OF FORT WORTH EMPLOYEE HEALTH CENTERS

EMPLOYEE HEALTH CENTERS

The City of Fort Worth provides an exceptional addition to healthcare benefits for employees, retirees and their dependents through the Employee Health Centers. This program offers convenient access to primary care, including three dedicated healthcare centers and five satellite sites, where quality and exceptional patient care is a top priority.

Each Employee Health Center is staffed by top-notch Texas Health Resources physicians and other medical experts who can handle any kind of primary-care patient needs and who can also refer patients to in-network premium designated specialists for specific medical care, if needed. Additionally, there are care coordinators and patient navigators to help with any referrals to specialists that patients may need.

The City of Fort Worth Employee Health Centers deliver a high level of service for each and every member on the city's health plan, including:

- **Prompt appointments** - Same-day or next-day appointments are available at City of Fort Worth Employee Health Centers, plus referrals to see specialists when needed.
- **Short wait times for office visits** - For more routine needs, appointments will take 30 minutes or less. If lab work is needed, or care that goes beyond the basics, it could take longer. The highly trained staff will work with patients to make sure they're in and out as quickly as possible.
- **Online access to resources** - Patients can access a private member portal through FortWorthEmployeeHealthCenter.com that can be used to communicate with physicians, request prescription refills, see results of medical tests, review medical history and more.

PHARMACY PLAN AND FREE MEDICATIONS

The pharmacy plan administered by OptumRX has no changes for the 2020 plan year. Maintenance medications are available through the 90-day mail-order program or at Walgreens.

Also, there are over 40 generic medications available for FREE that are offered through the Employee Health Centers.

Additionally, the diabetes management program is offered at no cost to employees, which includes six (6) months of diabetes testing supplies readily available at the Employee Health Centers with a diabetes checkup appointment. Employees can also receive diabetes maintenance equipment and testing supplies at no cost through the OptumRX mail-order program or through Walgreens.

BOOK AN APPOINTMENT.

To schedule an appointment at ANY of the City of Fort Worth Employee Health Centers, retirees should call 1-800-574-0606.

Health Center locations

Lake Worth Center

6048 Lake Worth Blvd., Fort Worth, TX 76135

Moncrief Center (Downtown)

UT Southwestern Moncrief Medical Center at Fort Worth
 600 South Main, Suite 3.600, Fort Worth, TX 76104

Hugely Center (Burleson)

12001 South Freeway Building #5, Suite 208, Burleson, TX 76028

Satellite locations available in 2020

Family Medical Center Southwest

7001 Granbury Rd., Fort Worth, TX 76133

Hoffman Family Practice

2730 SW Wilshire Blvd., Burleson, TX 76028

Cornerstone Family and Sports Medicine

100 Bourland Road, Suite 170, Keller, TX 76248

Texas Health Family Care - Weatherford/Willow Park

101 Crown Point Blvd., Suite 200, Willow Park, TX 76087

HEALTHCARE PLAN COMPARISON CHART AND PHARMACY PLAN

Plan Features	Health Center Plan	Consumer Choice Plan
Annual Deductible		
Individual	\$1,500	\$2,800
Family	\$3,000	\$5,600
Total Out-of-Pocket Max – including deductibles, copays, coinsurance, prescription deductible and prescription copays		
Individual	\$6,000	\$6,550
Family	\$12,000	\$13,000
Physician Office Visit		
PCP (at Employee Health Center)	\$0 copay	\$60 per visit
OBGYN/Peds (Premium Provider)	\$60 copay	20% after deductible
Specialist (Premium Provider)	\$75 copay	20% after deductible
PCP (Premium Provider)	\$60 copay	20% after deductible
PCP (Not Premium Provider)	\$60 copay, then 20% after deductible	20% after deductible
OBGYN/Peds (Not Premium Provider)	\$60 copay, then 20% after deductible	20% after deductible
Specialist (Not Premium Provider)	\$100 copay, then 20% after deductible	20% after deductible
Emergency Room visits – for true emergencies only	\$300 copay (waived if admitted)	20% after deductible

HEALTH CENTER PHARMACY PLAN

	Retail	Mail Order/Select 90
Generic	20% coinsurance, \$10 min/\$20 max	20% coinsurance, \$25 min/\$50 max
Brand Formulary	20% coinsurance, \$30 min/\$50 max	20% coinsurance, \$75 min/\$125 max
Brand Nonformulary	20% coinsurance, \$50 min/\$70 max	20% coinsurance, \$125 min/\$175 max
Specialty	20% coinsurance, \$200 max	20% coinsurance, \$200 max

No change to Consumer Choice Pharmacy Plan | Maintenance medications can still be obtained through mail order or Walgreens.

Choosing a Premium Provider means a lower copay and out-of-pocket costs.

**Urgent Care: Employee Health Center Plan = \$75
 Consumer Choice Plan = 20% after deductible**

**Nonemergency use of emergency rooms will be:
 Health Center Plan = \$300, then 50% after deductible
 Consumer Choice Plan = 50% after deductible**

Virtual Visits are free on the Health Center Plan and low cost on the Consumer Choice Plan.