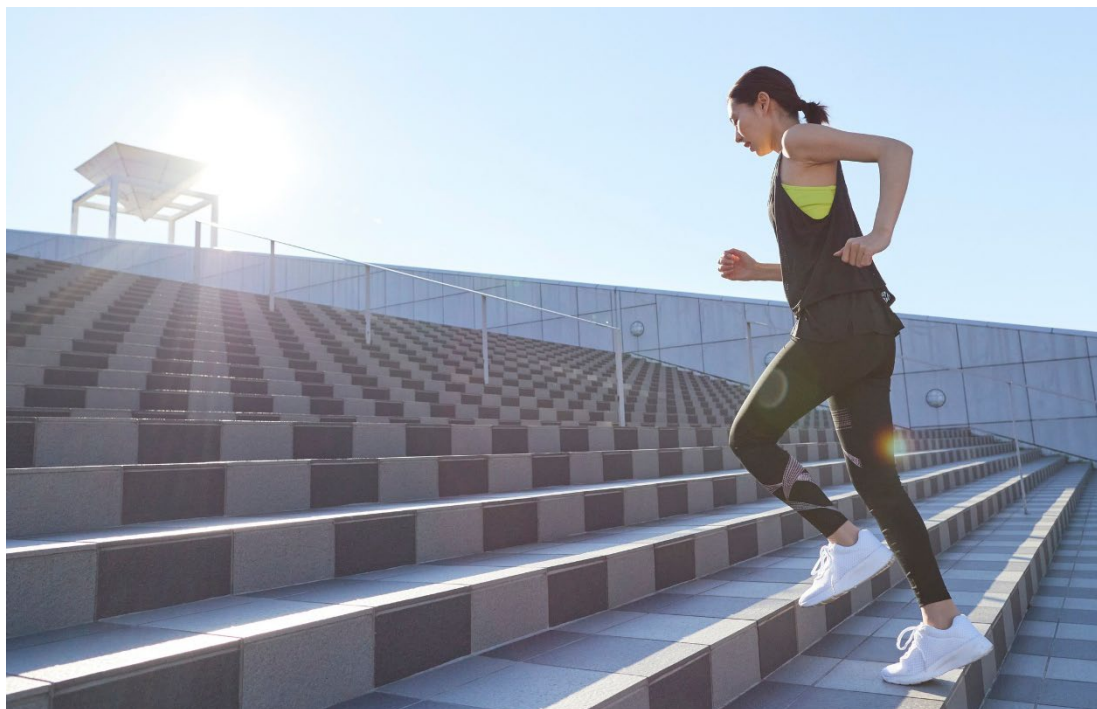




Important Changes to Weight Loss Medications on City Health Plans



Beginning October 1, 2026, the City of Fort Worth's health plan coverage for weight loss medications will change. Read this letter carefully so you understand your options and can take appropriate action, based on your medical needs.

Why am I receiving this letter?

To advise you that the city will no longer contribute to the cost of weight loss medications through covered pharmacy plans, effective October 1, 2026.

What is changing?

Starting October 1, 2026, weight loss medications will no longer be covered on City health plans. This includes, but is not limited to, brand name GLP-1s such as Wegovy, Zepbound, Saxenda, and Trizepatide, in both injectable and oral forms.

- This means that both plan coverage and City financial contributions to these medications will end.

- Participants who wish to continue use must seek other options for purchase.
- Since coverage will end, weight loss medications will no longer count toward your deductible or maximum out-of-pocket limits.

Why is the city making this change?

The city must ensure that its health plans remain accessible to the more than 12,000 employees, retirees, and dependents covered by this benefit. The rising utilization and cost for GLP-1 medications for weight loss is no longer sustainable. As a result, the city is aligning its coverage with practices adopted by peer public and private employers.

What remains the same?

Coverage for diabetic-related medications, including GLP-1s, will not change.

Recommended Actions

If you or a covered dependent utilizes weight loss medication, consult with your medical provider to explore options, including programs offered by the City to support condition management, fitness, nutrition, weight management, and overall wellbeing.

Additional Resources

- **Condition Management**

Employee Health Centers

Southwestern Health Resources offers comprehensive care at four dedicated health centers and five satellite offices for employees, retirees, and dependents enrolled in City medical plans. [Learn more.](#)

Virta

Virta provides a medically supervised, research-based treatment program that focuses on reversing Type 2 diabetes through nutritional intervention, with demonstrated results in reducing medication use, A1C levels and weight. [Learn more.](#)

- **Direct-to-Consumer Options**

Noom

Psychology-based programming that offers a holistic approach to healthy living. In addition, gain access to compounded or branded GLP-1 options to support weight loss, starting October 1, 2026. [Learn more.](#)

Pharmacies

Review suggested resources for direct-pay pharmacy sites offering weight loss medications, including GLP-1s. [Learn more.](#)

- **Fitness Discounts**

Blue Cross Blue Shield Fitness Program

Members and covered dependents (age 16+) enrolled in City health plans may access unlimited in-person and digital resources and a nationwide network of gyms and specialty fitness studios for one low price. [Learn more.](#)

- **Weight Management**

Digbi

A personalized, data-driven program that uses at-home biological testing to create tailored weight-management plans. [Learn more.](#)

Wondr Health

A digital program for members on City health plans that supports weight management and overall wellbeing, including stress, nutrition, and movement. [Learn more.](#)

- **Wellbeing**

Ramp Health

Access health and wellness tools, educational programs, and an online community to support healthy living available to employees covered on city health plans. In addition, all employees have access to free on-site health coaching. [Learn more.](#)

Summary of Material Modifications to the City of Fort Worth Health Plan

This Summary of Material Modification ("SMM") modifies some of the information contained in the Summary Plan Description ("SPD") for the City of Fort Worth Health Plans (the "Plan") that describes the Plan as of October 1, 2026. Note: In the event of any discrepancy between this SMM and the SPD, the provisions of this SMM will govern.

Modification(s)

Important changes to certain benefits under the Plan will go into effect on October 1, 2026.

Starting October 1, 2026, obesity drugs and weight loss medications will not be covered. The Plan will no longer contribute to the cost. Members will be responsible for the full cost of these medications at the time of dispensing.

For more information

Rightway Rx

Visit [Rightway](#) ▪ Call 888-665-1678

Human Resources

Visit [FortWorthTexas.gov](#) ▪ E-mail [FortWorthHR@FortWorthTexas.gov](#) ▪ Call 817-392-7782