

SERVICE PROVIDERS

City of Fort Worth health vendors



Accolade is a personalized advocacy company that provides city employees health and benefits help when navigating the healthcare system.

833-909-2353 | Visit the Accolade website at <https://member.accolade.com>



Airrosti is a healthcare group whose providers specialize in high-quality outcome-based musculoskeletal care.
Learn more at www.fortworthtexas.gov/benefits/physical-rehabilitation/

Visit the Airrosti website at
www.airrosti.com/location/texas/fort/
Call 800-404-6050



Delta Dental provides three dental coverage options.
Learn more at www.deltadentalins.com
DPPO 800-521-2651 | DHMO 800-422-4234



EyeMed provides one vision coverage option.
Learn more about Vision coverage at
<https://eyemed.com/en-us>



HealthEquity manages the Health Savings Accounts (Consumer Choice Plan).
Learn more about Health Savings Accounts
Visit the HealthEquity website at
www.healthequity.com
or call 877-924-3967



Meritain Health, an Aetna Company, is the medical insurance provider for the City of Fort Worth, offering a full spectrum of health benefits programs to city employees.
For more information go to <https://www.meritain.com/> or call 1-888-324-5789



OptumRx is the City of Fort Worth's pharmacy benefit manager (PBM).
Learn more at www.fortworthtexas.gov/benefits/prescriptions/
Visit the OPTUMRx pharmacy portal at www.optumrx.com
1-800-788-4863



Southwestern Health Resources is a partnership between Texas Health Resources and UT Southwestern Medical Center. Southwestern Health Resources manages and oversees all City of Fort Worth Employee Health Centers and satellite locations.
Learn more at www.fortworthtexas.gov/benefits/health-centers/
800-574-0606



SurgeryPlus is a supplemental benefit that is automatically available to City of Fort Worth employees in addition to the regular medical plan. They offer top board certified surgeons for hundreds of non-emergency surgeries to help ease the stress, logistics and financial strain associated with such a procedures.
Learn more at www.fortworthtexas.gov/benefits/surgery/
Visit the SurgeryPlus website at cfw.surgeryplus.com
Call 855-200-9508



Virgin Pulse is a leading health management services provider that helps manage the Healthy Challenge premium incentives, as well as provides access to health and wellness resources like health coaches, exercise specialists and registered dietitians.
Learn more at iam.virginpulse.com



Comprehensive nutritional therapy that helps reverse diabetes with continuous remote medical care plus individualized nutrition therapy and includes medication de-prescription.
Learn more at www.virtahealth.com/cofw

OPEN ENROLLMENT CHECKLIST

fortworthtexas.gov/openenrollment

REVIEW THIS MAILER.

Learn about changes to your benefits for 2021. Review Your Open Enrollment Guide and online information. Make informed decisions by learning about your benefits 24/7 at:
<http://fortworthtexas.gov/openenrollment>.

Call 817-392-8644

GET ANSWERS TO YOUR QUESTIONS.

Call 817-392-8644 with questions about benefit plans or enrollment.

Don't want to go online to enroll?

You can mail your documents on or before the November 6th deadline. Please send your enrollment form via mail or fax to the HR Benefits Office. If you want to enroll online, visit www.cfwbenefits.com.
Go online, create an account and Get Covered! If you need additional assistance contact Accolade, 833-909-2352 or email them at member.support@accolade.com.

Open Enrollment Meetings

Check the Open Enrollment site at www.fortworthtexas.gov/openenrollment for the most updated meeting dates and times. You can also contact the Human Resources Benefits office for assistance.

| Meeting Dates | Groups | Meeting Time | Meeting Location |
|------------------|-----------------------|---------------------|--|
| October 14, 2020 | Non-Medicare Retirees | 9:00 am – 10:00 am | Will Rogers Round Up Room - In Person |
| | Medicare Retirees | 11:00 am – 12:00 pm | |
| | Non-Medicare Retirees | 3:00 pm – 4:00 pm | |
| October 29, 2020 | Non-Medicare Retirees | 9:00 am – 10:00 am | Will Rogers Round Up Room - In Person |
| | Non-Medicare Retirees | 1:00 pm – 2:00 pm | |
| | Medicare Retirees | 3:00 pm – 4:00 pm | |

| Meeting Dates | Groups | Meeting Time | Meeting Location |
|------------------|--|---------------------|--|
| October 13, 2020 | Non-Medicare Retirees long program | 9:00 am – 10:00 am | Virtual Meetings |
| | Medicare Retirees | 11:00 am – 12:00 pm | |
| October 22, 2020 | Medicare Retirees | 10:00 am – 11:00 am | |
| | Non-Medicare Retirees short program – changes only | 3:00 pm | |
| October 21, 2020 | Non-Medicare Retirees short program – changes only | 10:00 am | Note: The password for the virtual meetings is “2021” |

Get the facts at
FortWorthTexas.gov/OpenEnrollment
and be sure to attend Open Enrollment meeting to learn everything you need to know about the 2021 health plan changes.



CITY OF FORT WORTH HUMAN RESOURCES
BENEFITS DIVISION
200 TEXAS STREET, FORT WORTH, TX 76102
HR BENEFITS TEAM CAN BE CONTACTED AT
817-392-8644, FAX # 817-392-2624
or EMAIL benefits@fortworthtexas.gov

The 2021 Health Plan will offer retirees more coverage.



Open Enrollment is available ONLINE for every City of Fort Worth retiree. This year the city has a new and improved online benefits platform! Go to www.cfwbenefits.com, create a log in, and GET COVERED.

NEW! Health Insurance with Meritain Health, an Aetna Company!

NEW! Personalized Health and Benefits Support Team with Accolade! Now retirees only need to call one number to get all questions answered or get help with provider referrals, medical bills, filling medication, and more!

Open Enrollment begins

**OCT. 19th -
NOV. 6th**

Go online to www.FortWorthTexas.gov/OpenEnrollment to get more detailed information.



RETIREE HEALTH CARE PLAN UPDATES FOR 2021



New Insurance
Provider
MERITAIN[™]
HEALTH
An Aetna Company

New personalized
health and benefits support
Accolade

Enhanced
Surgical Benefit from
SurgeryPlus⁺

virta

The City of Fort Worth offers pre-65 retirees two medical plans: The Health Center Plan and the Consumer Choice Plan.

2021 RATES FOR NON-MEDICARE RETIREES (SLIGHT INCREASE)

Pre-65 Non-Medicare Retirees (Per Month)

* Hired before 10/5/1988 OR after 10/5/88 with 25+ years of service

| | Retiree only | Retiree + Spouse | Retiree + Child(ren) | Retiree + Family |
|----------------------|--------------|------------------|----------------------|------------------|
| Health Center Plan | \$100 | \$738.17 | \$444.41 | \$1056.52 |
| Consumer Choice Plan | \$0.00 | \$541.17 | \$288.63 | \$811.76 |

Things to Remember for Both Plans:

- All preventive care, including mammograms and routine colonoscopies, are free to members on both the Health Center Plan and the Consumer Choice Plan.
- The deductible and co-insurance is waived for surgical procedures with SurgeryPlus on the Health Center plan. Co-insurance is waived for surgical procedures with SurgeryPlus on the Consumer Choice plan.
- Accolade is now available to answer your Open Enrollment questions and, in 2021, can answer all of your healthcare questions.

Continuing policy for working retirees and working retiree spouses

The working retiree policy states that if a retiree is eligible for benefits with their current employer, they must leave the city's plan and elect for coverage for themselves and their spouse with their current employer.

PLAN DESCRIPTIONS

Health Center Plan

The Health Center Plan offers health centers in the Fort Worth area that are exclusively available to city employees, retirees, and dependents. These centers provide unlimited primary care services for retirees during regular business hours, including extended business hours in some locations. Additionally, five satellite offices provide care but are not exclusive to the city. Retirees can expect to receive an appointment on the same or next business day for sick visits.

The Health Center Plan also allows retirees to see any primary care physician or specialist they choose in the Meritain Health/Aetna POS II network.

An extensive network of Specialists with great service rates are available under the Meritain/Aetna POS II network.

Consumer Choice Plan

The Consumer Choice Plan is designed for retirees who like the financial benefit of a Health Savings Account (HSA) and lower monthly premiums.

As with most high-deductible plans, all healthcare services are billed to the employee at 100% until the deductible is reached. Then, in most cases for in-network providers, the plan pays 80% while the employee covers 20% until the out of pocket maximum is reached.

Those on the Consumer Choice Plan can still access primary care services at the City of Fort Worth Health Centers at a reduced cost of \$60 per visit.



CITY OF FORT WORTH EMPLOYEE HEALTH CENTERS

EMPLOYEE HEALTH CENTERS

The City of Fort Worth provides an exceptional addition to healthcare benefits for employees, retirees, and their dependents through the Health Centers. This program offers convenient access to primary care, including three dedicated healthcare centers and five satellite sites, where quality and exceptional patient care is a top priority.

Each Health Center is staffed by top-notch Texas Health Resources physicians and other medical experts who can handle any primary care patient needs. They can also refer patients to in-network specialists for specific medical care if needed. Additionally, there are care coordinators and patient navigators to help with any referrals to specialists that patients may need.

The City of Fort Worth Employee Health Centers deliver a high level of service for every member on the city's health plan, including:

- Prompt appointments** - Same-day or next-day appointments are available at City of Fort Worth Employee Health Center locations and referrals to see specialists when needed.
- Short wait times for office visits** - For more routine needs, appointments will take 30 minutes or less. If lab work is needed, or care that goes beyond the basics, it could take longer. The highly-trained staff will work with patients to make sure they're in and out as quickly as possible.
- Online access to resources** - Patients can access a private member portal through FortWorthEmployeeHealthCenter.com that can communicate with physicians, request prescription refills, see results of medical tests, review medical history, and more.



BOOK AN APPOINTMENT.

To schedule an appointment at ANY of the City of Fort Worth Employee Health Centers retirees call 1-800-574-0606.

If you need assistance with choosing the right plan or provider, Accolade is here to help you every step of the way. Contact them by calling 833-909-2353.

Health Center locations

Lake Worth Center

6048 Lake Worth Blvd. Fort Worth, TX 76135

Moncrief Center (Downtown)

UT Southwestern Moncrief Medical Center at Fort Worth
600 South Main, Suite 3.600, Fort Worth, TX 76104

Hugely Center (Burleson)

12001 South Freeway Building #5, Suite 208 Burleson, TX 76028

5 Satellite locations

Family Medical Center Southwest

7001 Granbury Rd. Fort Worth, TX 76133

Hoffman Family Practice

2730 SW Wilshire Blvd. Burleson, TX 76028

Cornerstone Family and Sports Medicine

100 Boulard Road, Suite 170, Keller, TX 76248

Texas Health Family Care - Weatherford/Willow Park

101 Crown Point Blvd., Suite 200, Willow Park, TX 76087

NEW LOCATION: Texas Health Family Care - Bedford

3024 State Highway 121 Bedford, TX 76021

Our Health Centers are equipped with a Diabetes Educator to answer any of your concerns about managing your diabetes.

HEALTH SAVINGS ACCOUNTS (HSAs)

Vendor change from Wageworks To Healthequity



As part of the Consumer Choice Plan, the city pays \$540 into individual HSAs each year and \$1,000 into family HSAs.

Retirees can voluntarily save even more by making additional contributions to their HSA.



HEALTHCARE PLAN COMPARISON CHART

| Plan Features | Health Center Plan | Consumer Choice Plan |
|--|--------------------|----------------------|
| Annual Deductible | | |
| Individual | \$1,500 | \$2,800 |
| Family | \$3,000 | \$5,600 |
| Total Out-of-Pocket Max - including deductibles, copays, coinsurance, prescription deductible and prescription copays | | |
| Individual | \$6,000 | \$6,550 |
| Family | \$12,000 | \$13,000 |
| Physician Office Visit | | |
| PCP (At Employee Health Center) | \$0 copay | \$60 per visit |
| OBGYN/Peds | \$60 copay | 20% after deductible |
| Specialist | \$75 copay | 20% after deductible |
| PCP | \$60 copay | 20% after deductible |



EMPLOYEE HEALTH CENTER PHARMACY PLAN (\$100 RX Deductible)

| | Retail | Mail Order/Select 90 |
|--------------------|------------------------------------|--------------------------------------|
| Generic | 20% coinsurance, \$10 min/\$20 max | 20% coinsurance, \$25 min/\$50 max |
| Brand Formulary | 20% coinsurance, \$30 min/\$50 max | 20% coinsurance, \$75 min/\$125 max |
| Brand Nonformulary | 20% coinsurance, \$50 min/\$70 max | 20% coinsurance, \$125 min/\$175 max |
| Speciality | 20% coinsurance, \$200 max | 20% coinsurance, \$200 max |

No change to Consumer Choice Pharmacy Plan | Maintenance medications can still be obtained through mail order or Walgreens

URGENT CARE

Health Center Plan = \$75
Consumer Choice Plan = 20% after deductible

NONEMERGENCY USE OF EMERGENCY ROOMS WILL BE

Health Center Plan = \$300, then 50% after deductible
Consumer Choice Plan = 50% after deductible

VIRTUAL VISITS

Are free on the Health Center Plan and \$47 on the Consumer Choice Plan