



FWFD

COMMUNITY RISK REDUCTION

FALL SAFETY: WHAT YOU CAN DO

FALL HOME SAFETY ASSESSMENT

The FWFD will come perform a safety assessment of your home to help identify potential hazards and help to mitigate the risk of falling.

EDUCATION & TRAINING

The FWFD will provide education & training on fall prevention techniques to elderly residents who sign up for the program.

EXERCISE PROGRAM

The FWFD partners with Texas Health Resources to provide the "Staying Active in Life" program to the elderly to work on balance, strength and flexibility.
SAILFitness.org

REFERRAL SERVICES

The FWFD will provide referrals to other community resources as needed to meet the needs of our clients.



Fire.Safety@fortworthtexas.gov



817-392-6862