

CITY OF FORT WORTH Community Services & Resources

Emergency & Crisis Services

SafeHaven of Tarrant County (877) 701-7233

Provides emergency shelter, counseling, and support services for individuals and families escaping domestic violence.

Partnership Home (817) 966-8800

Connects people in need of housing with guidance, information, and resources across the county.

Suicide & Crisis Hotline 988

Provides 24/7, free, and confidential support for people in distress, prevention and crisis resources.

Unbound Now (817) 668-6544

Works to prevent human trafficking and supports survivors through education, advocacy, and direct services.

Food & Nutrition Services

Meals on Wheels (817) 336-0912

Delivers nutritious meals and provides wellness checks to seniors and individuals with disabilities who have difficulty preparing food themselves

WIC Program (817) 321-5400

Provides nutritional food, education, and support to pregnant women, new mothers, and young children from low-income families.

Tarrant Area Food Bank (817) 857-7100

Distributes food to needy individuals and families through partnerships with local community organizations and food pantries.

Community Food Bank (817) 924-3333

Distributes food to individuals and families, holds clothing drives, and has baby and cleaning products on hand to those in need.

Family Support Services

Fort Worth Pregnancy Center (817) 697-7525

Provides services and resources at no cost to women and families experiencing unplanned pregnancies.

The Parenting Center (817) 332-6348

Delivers parenting education, counseling, and support to help families build strong and healthy relationships.

Catholic Charities (817) 534-0814

Services include immigration, refugee, pregnancy, parenting, transportation, financial, and dental care

MHMR: Early Childhood Intervention (817) 335-3022

Offers services to support the developmental needs of young children with delays or disabilities.

[Best Place for Kids! Parent Pass App](#)

Provides tools and resources for parents to support children's development and enhance family well-being. Download on Apple or Android.

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Medical Services

JPS Health Network (817) 702-3431

Provides comprehensive healthcare services, including emergency care, to individuals who do not have health insurance or financial resources.

Mercy Clinic (817) 840-3501

Provides free health care, dental care, and an in-house pharmacy for adults living in the 76110, 76115 and 76104 zip codes.

NTX Community Health Centers (817) 625-4709

Offers affordable medical and vision service regardless of income, employment, health insurance coverage, residency status, or ability to pay.

Cook Children's Health Plan (800) 964-2247

Provides health insurance and medical care services for children, focusing on ensuring access to necessary healthcare.

Cornerstone Charitable Clinic (817) 632-6020

Provides English and Spanish services through its three clinics: Charitable Medical Clinic, Charitable Cataract Clinic and Charitable Dental Clinic.

Financial Coaching

Pathfinders (817) 731-1173

Provides free financial coaching sessions to help individuals reach their financial goals.

Housing and Utility Assistance

Community Action Partners (817) 392-5720

Financial assistance and case management help families secure housing and address immediate needs.

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Free and anonymous hotline to connect callers to food, housing, childcare, crisis counseling, and substance abuse treatment resources.

Christian Community Assistance (817) 921-9622

Provides help with rent, utility assistance, food and clothing.

Reentry First Stop Center (682) 703-1600

Assists with transitioning from incarceration with resources and support to reintegrate into the community, including housing and job placement.

Legal Help

Fort Worth Legal Aid (817) 336-3943

Appointments and clinics on a variety of legal topics including general civil matters, wills, employment matters and bankruptcy.

Texas A&M Law School (817) 212-4123

Free legal assistance for low-income individuals. Services are performed by law students working under the supervision of attorneys.